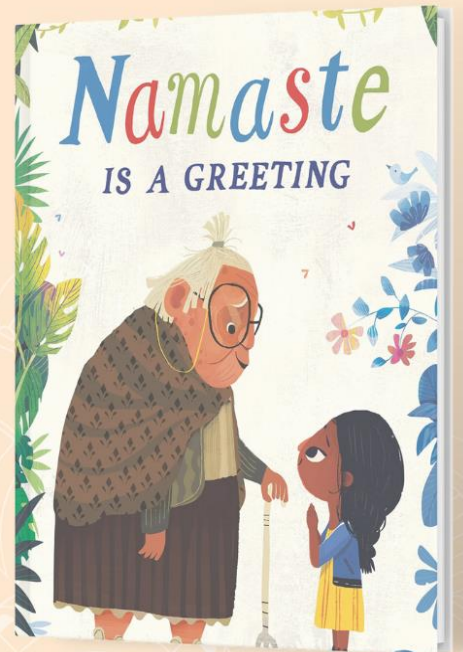




Yoga ROLL





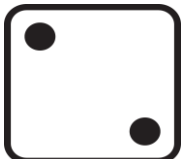









AUTHOR – SUMA SUBRAMANIAM

ILLUSTRATOR – SANDHYA PRABHAT

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YOGA ROLL

Roll a dice and follow the table across. Depending on what number you roll, complete the yoga pose pictured. If you roll a duplicate, re-roll until all poses have been completed.

DICE	YOGA POSE	VISUAL
	Tree Pose	
	Camel Pose	
	Triangle Pose	
	Seated Side Pose	
	Warrior Pose	
	Bow Pose	

CREDITS PAGE

The author – Suma Subramaniam

Suma Subramaniam's interests and passions in writing for children are mostly centered around STEM/STEAM related topics as well as India and Indian heritage. When she's not recruiting or writing, she's volunteering for We Need Diverse Books and SCBWI. Suma was the short story contest winner of the We Need Diverse Books short story contest. She is also the author of *Namaste Is A Greeting*, *She Sang For India*, and other books for children and young adults. Suma lives in Seattle with my family and a dog who watches baking shows.

She has an MFA in Writing from Vermont College Of Fine Arts. Learn more at <https://sumasubramaniam.com>.



CONNECT WITH SUMA



The illustrator – Sandhya Prabhat

Sandhya Prabhat is an award-winning illustrator and animator whose books include *I Am Brown* by Ashok Banker, *Ignore the Trolls* by Jordan Gershowitz, *Usha* and *the Big Digger* by Amitha Jagannath Knight, and books in the *Om Child* series. Originally from Chennai, India, Sandhya Prabhat is now based in the Bay Area.



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